

# Nesta Personal Trainer Manual

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I have a background in sports science and been an athlete etc the new NESTA PT course was excellent and really comprehensive. I learnt everything in the manual and

<http://www.ideafit.com/answers/has-anyone-taken-the-nesta-personal-fitness-trainer-exam>

NESTA Personal Trainer Certification Reviews. The online reviews for NESTA are all positive. The focus on business techniques is a plus for all people who

<http://www.weighttraining.com/articles/nesta-personal-trainer-certification-review>

I'm taking the NESTA Cert Exam a week from Friday. Studied the manual, For Personal Trainers NESTA Exam; Results 1 to 9 of 9

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